

## PATRICIA A. HAWK

### EMPLOYMENT HISTORY

- 2004-Present CHILDREN'S HOSPITAL OF ORANGE COUNTY, Bilingual Diabetes Educator  
2004-Present WOMEN'S VIEW MEDICAL GROUP, Health Educator, Diabetes Educator  
2002-2004 NAMM California  
Bilingual Diabetes Educator, Adult and Pediatric Healthy Living Classes  
2002-Present DIABETES HEALTH CENTER  
Bilingual Diabetes Educator, Pediatric Weight Management Program, co-write grant proposals to develop and implement community health programs.  
2001-Present KAISER Riverside  
Exercise and Diabetes class  
2001-2002 INNOVEX in conjunction with Bristol-Myers Squibb  
Certified Diabetes Educator empowering medical practices to improve disease management through Physician and staff education and development, and retrospective data on the new standards of care for diabetes  
2000-2001 DIABETES SOLUTIONS and  
1985 -2000 DIABETES TREATMENT CENTER  
Riverside, California 92503  
Certified Diabetes Educator  
Responsible for assessment, individual and group instruction, education and staff development of student and employed nurses, working with physicians to help formulate and implement patient treatment plans. Work as Diabetes teaching team member with Types 1, 2, Gestational, Insulin Pump and Spanish speaking patients.  
Co-developed curriculum, all materials (including Spanish), forms, and obtained ADA recognition for newly created Diabetes Solutions Company.  
1986 - 1990 OPTIFAST  
Riverside Community Hospital  
Consultant  
Group Facilitator/Exercise Physiologist for patients in the OPTIFAST weight loss program.  
  
June 1980 - RACQUETBALL WORLD AEROBIC HEALTH CENTER  
April 1985 Santa Ana, California 92701  
August 1981 - Director, Human Performance Center  
April 1985 Responsible for hiring, training, supervising staff of eight, plus student interns and writing procedural manual. Administrative duties, physiological testing and counseling including blood chemistry, pulmonary function, body composition, graded exercise testing with 12-lead electrocardiographic and blood pressure monitoring, nutrition, strength, and life-style risk factor determination. Developed and supervised individualized plans for risk reduction.

**SPECIAL SKILLS** Read, write and speak Spanish, Proficient in Power Point presentations, Excel, and desktop publishing

**EDUCATION** California State University, Fullerton  
Bachelor of Arts, Latin American Studies, 1974  
California State University, Fullerton  
Master of Science, Exercise Physiology, 1980

## **TRAINING AND CERTIFICATION**

American College of Sports Medicine Certified Exercise Specialist/Exercise Test Technologist  
California Community College Teaching Certificate  
Certified Diabetes Educator, Certified Pump Trainer

## **COMMUNITY SERVICE**

Juvenile Diabetes Foundation and American Diabetes Association  
Committee member and participant at approximately 50 fundraising events including walks, cycling, and the marathon for Team Diabetes.  
National Kidney Foundation, Kiwanis, and Rotary Club Guest Speaker

### **Support Groups**

Co-Facilitator, Child and Adult Support Groups at Parkview Diabetes Treatment Center  
Guest Speaker at support groups at Kaiser, Loma Linda University Medical Center (English and Spanish), Corona Regional Medical Center, San Antonio Hospital, Saint Bernadine's Hospital, Goeske Senior Center, and Corona Senior Center

## **PROFESSIONAL PRESENTATIONS**

4/29/07 Poster Presentation, American Academy of Ambulatory Care Nurses, "Diabetes Prevention in Latino Families"  
5/23/06 Presenter, Society for Public Health Education National Conference "Diabetes Prevention in a Community Setting"  
9-26-05 Presenter, National Kidney Foundation of Southern California  
5- 2005 Presenter, Hoag Hospital Nursing 'Diabetes 2005' Perspectives and Progress  
10-16-04 Presenter, "La Diabetes: De los Pies a la Cabeza" Educational Conference  
03-20-04 Presenter, Day of Hope, Eisenhower Medical Center  
11-19-03 Presenter, Sweet Success Diabetes and Pregnancy Regional Training Seminar  
6-02 Presenter, Kaiser Permanente Preventive Medicine Department, "Diabetes and Exercise"  
5-02, 5-03 Speaker, Renal RD Conference, "Diabetes Update"  
9-8-01 Latino Seminar (Spanish) "HbA1c" and "Diabetes and Exercise"  
'00-'01 Developed/presented 14 hour "Diabetes Update", Riverside Comm. Hospital  
11/18/00 Speaker, California Dietetic Association, Inland District, "Diabetes Update 2000"  
2000,'04 Speaker, Loma Linda University Medical Center, "Adult Diabetes Core Curriculum"  
10-16-99 Speaker, Latina Health Conference (Spanish), "Hispanic Diabetic Diet"  
6-7-99 In-service, Parkview Hospital, Physical Therapy Department  
"Physical Therapy Precautions for the Complicated Diabetic Patient"  
5-15-99 In-service, Hemet Valley Hospital System, Nursing  
"The Role of Exercise in Diabetes Management"  
3-26-99 In-service, Riverside Area School District Nurses  
"Diabetes in School" including legal issues  
11-13-98 Speaker, American College of Sportsmedicine, Southwest Region  
"The Paradox of Diabetes, Encountering Special Populations at the Gym"  
6-12-98 Speaker, Inland Empire Certified Diabetes Educator's Meeting  
"Exercise and Diabetes, Successful Teaching Tools and Strategies for Compliance"  
6-6-96 Speaker, Parkview Community Hospital Seminar  
"A Multidisciplinary Approach: Weight Loss Management, Exercise and Behavior Change"  
11-16-95 Speaker, Juvenile Diabetes Foundation Seminar  
8-17-95 In-service, Inland Valley Hospital, Nursing

- 3-9-95 Speaker, Prostate Cancer Support Group  
“Diet, Exercise, and the Immune System”
- 11-16-93 Speaker, The Eighth Annual Dr. Robert H. Joseph Memorial Lecture, Riverside Medical  
Clinic Foundation, “Stalling the Aging Process”
- 11-13-93 Speaker, The American Diabetes Association patient education seminar  
“What The Diabetes Control and Complication Trial Means to your Exercise Program”

#### **PUBLICATIONS/EDUCATIONAL MATERIAL DEVELOPMENT**

- 2007 Currently writing curriculum for diabetes prevention
- 2006 Part of team at Children’s Hospital to develop all materials in Spanish
- 02-03 Revised Spanish education class packets/handouts for NAMM California
- 00-01 Vital Connections, Online Magazine, Regular Contributions
- 4-00 Diabetes Solutions Patient Education Manual co-authored
- 6-97 Inland Empire Magazine, “Time for a Lifestyle Check-up”
- 10-93 Diabetes Forecast, “Fireside Fitness; Exercise Equipment and Diabetes”
- 3-93 Southwest County Lifestyles, “Lifestyle Change Can Even Postpone Diabetes Negatives”

#### **TELEVISION/VIDEO PROGRAMS**

- 2005 KOCE Interactive Education for Type 2 Children and Families
- 2006 “Bad Sugar”series produced by Ruth Tanyi-Loma Linda
- 2007 San Bernardino Public Television, “Diabetes”English and Spanish versions