

Dr. Rashidi Nutritional Support Recommendations II

FIBROMYALGIA OR CHRONIC FATIGUE

WELLNESS ESSENTIALS FOR WOMEN:

Convenience packs with the Multigenics, Calapatite with Magnesium, E-Complex, and EPA-DHA already included

CalApatite with Magnesium helps neutralize lactic acidosis that contributes to muscle pain and fatigue, helps relax, better sleep

EPA/DHA 720 essential fatty acids critical to healthy cell repair so important in fibromyalgia

Multigenics multivitamin and mineral to promote optimal cell metabolism and functioning

Oxygenics antioxidant formula that helps protect the body's cells from oxidative damage that can lead to fatigue, aging, & toxicity.

FibroPlex specially designed formula for the special nutrient needs in fibromyalgia, with malic acid & magnesium

Glycogenics provides natural B vitamins to assist the metabolic cycle in energy production, essential brain nutrients

MetaLipoate 300 Promotes the production of cellular energy, important antioxidant, supports blood sugar regulation and healthy nerve function

Advaclear to enhance liver function, helps detoxify liver and blood, restore balance and support the body's energy production systems.

CorticoB5B6 taken daily helps support the adrenal gland, relieve the effects of chronic stress, and improve energy reserves.

UltraPotent C special vitamin C formulation , moves C into the cells where it is needed most, helps restore the adrenal gland during stress, fights infection, aids cell repair, improves gum health, antioxidant, aids in mineral absorption, fights cancer, decreases allergies.

NanoCellQ Coenzyme Q 10 is essential to energy production in the muscles and heart, also enhances immunity