

# WHAT IS A FAMILY NURSE PRACTITIONER?



## WOMEN'S VIEW MEDICAL GROUP

Mary Strubhar-Brown, FNP-C  
Family Nurse Practitioner

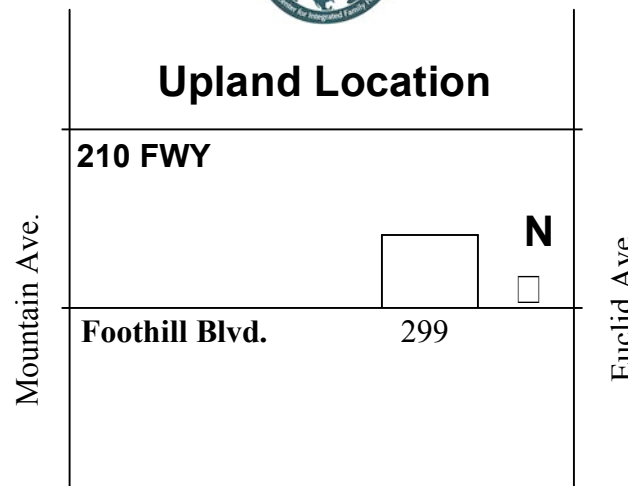
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## Women's View Medical Group

**Promote Your Health  
Today  
Visit Our Family Nurse  
Practitioner**



**FWY 10**

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**PHONE (909) 982-4000**

*Mary Strubhar-Brown*

is a certified family nurse practitioner who has honored her nursing commitment for over 25 years. She enjoys partnering with her patients to provide for their physical, emotional, and spiritual health care needs. Her experience as a RN, in both the acute hospital and medical clinic environment, along with an extensive background and former certification in Psychiatric Nursing, has prepared her to meet the diverse needs of patients in the Family Practice setting. As a Nurse Practitioner, she endeavors to treat the whole person and not just the illness. Her focus is on health promotion and disease prevention. She provides educational counseling and guidance for patients in making positive health and lifestyle choices.





□ **MARY STRUBHAR BROWN FNP-C**  
**FAMILY NURSE PRACTITIONER**

Mary has worked with Dr. Rashidi in a collaborative role since the year 2000. As a member of the Women's View Team, she especially values her colleagues and staff, as well as the therapeutic relationships she has developed with patients and their families. Her desire for each patient is that:

"In all aspects of your life, may you prosper and live in good health, just as your soul prospers."

### **Who is a Nurse Practitioner?**

A NP is a Registered Nurse with graduate, advanced education and clinical training in providing high quality health care service. The NP is able to diagnose and treat a range of health problems, from infections and injuries, to diabetes and hypertension.

### **What is the benefit of seeing a Nurse Practitioner?**

Most patients who see a NP report a high degree of satisfaction. This is related to the fact that the NP focuses on the whole person, including their loved ones, and the community in which they are a part of. Using the unique blend of being a nurse and a medical provider, the NP brings care and competence to partner with the patient in making better health choices.

### **Will I be able to receive my medication refills and my lab orders from the NP?**

Yes, the NP may refill most all of your medications and is able to order pertinent lab studies for you, as well as other diagnostic tests and x-rays. The NP is also able to interpret your results.

### **What are the credentials of a Nurse Practitioner?**

In addition to being a RN, a NP is licensed by the state and practices under the rules and regulations of the Nursing Board. The Nurse Practitioner is also nationally certified in their specialty area, as in Family Practice.

